

Bedroom Recommendations

Bedroom Recommendations

Wardrobes

Currently there is a requirement for only a single wardrobe in all bedrooms regardless of the number of people sleeping in the room. With a person in the UK owning on average 152 items. Counterbalance recommends that 2 wardrobes are included in all double and twin bedrooms with these ideally being built-in and constructed as a standard fit-out in a house or apartment.

Bedside Cabinets

There is a need for bedside cabinets as they provide vital storage for underwear and other miscellaneous items.

Chest of Drawers

Drawer provides storage for both clothing and general items such as toys, books and other personal items. We believe there should be a requirement for an extra piece of furniture which can be used for general storage or clothing within bedrooms and therefore should be included in all bedrooms. Alternatively, a larger wardrobe should to be provided.

Bed Sizes

The current policy/guidance does not provide guidance for young infants who may sleep in the same bedroom as adults. We believe there should be additional space allocated for a cot to be placed in the master bedroom.

We believe all bedrooms should have a King size bed (1500x2000mm). Sleep is extremely important to humans and can have a large impact on both the physical and mental health of an individual. Our Building Regulations should set a positive example in improving the health of the society they serve.

Desk - Home working

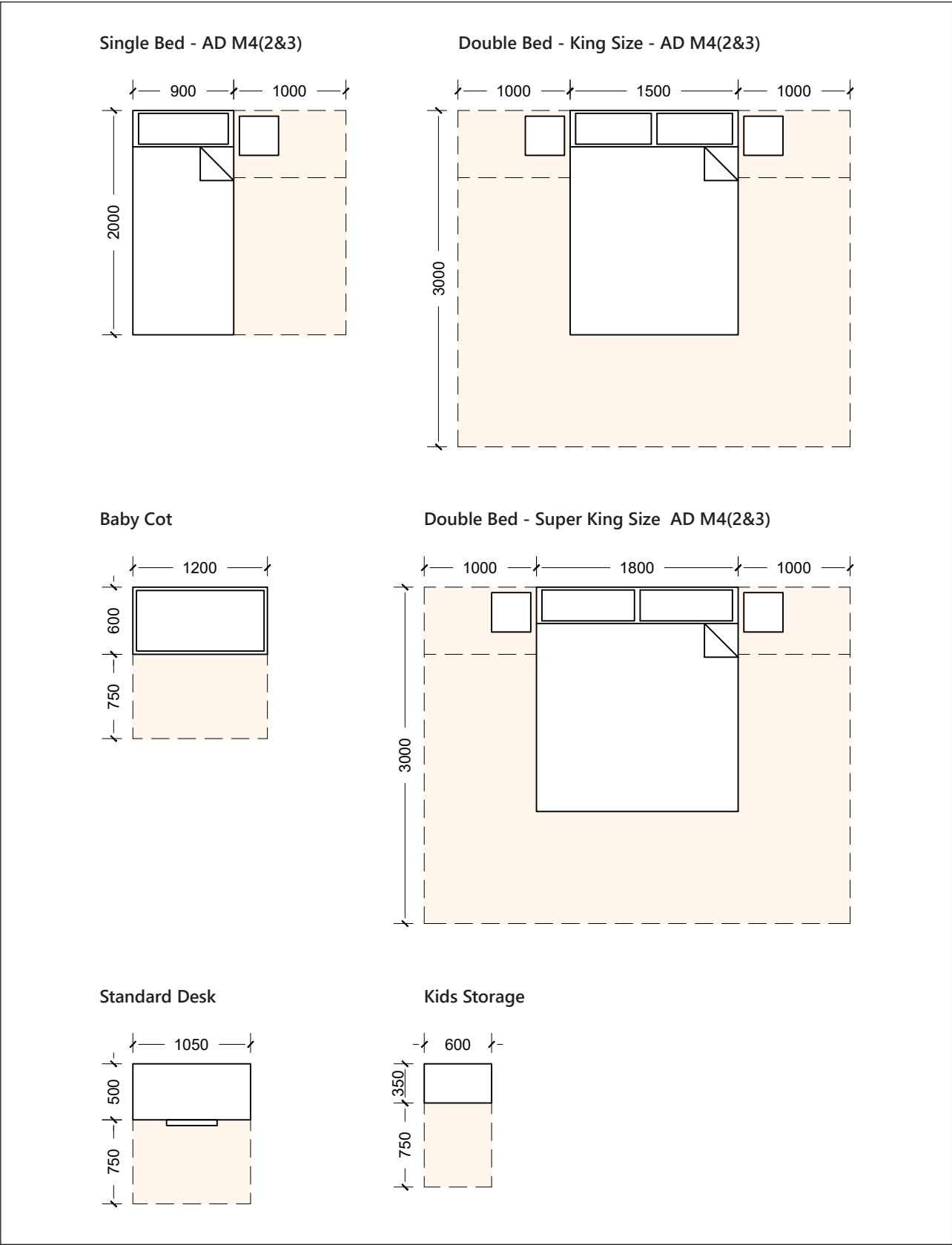
The requirement for desk space has been removed from non-wheelchair homes in our national or regional policy eliminating quiet space for children to complete homework and study for exams. In addition, with home working becoming common and the need for companies to be more flexible in the working arrangements it vital that this furniture space allocation is reinstated. Twin rooms should provide space for two desks in the event where children are sharing rooms, which will mean that twin bedrooms designed for children should be larger than a standard double bedroom for one or two adults.

Children Storage - Toys

There are no current spatial arrangements for children storage for toys and learning equipment, both naive and unhelpful for a family home which needs to be addressed within our regulations and guidance. Although we believe further research in this area is required, the very least a storage unit per child should be provided.

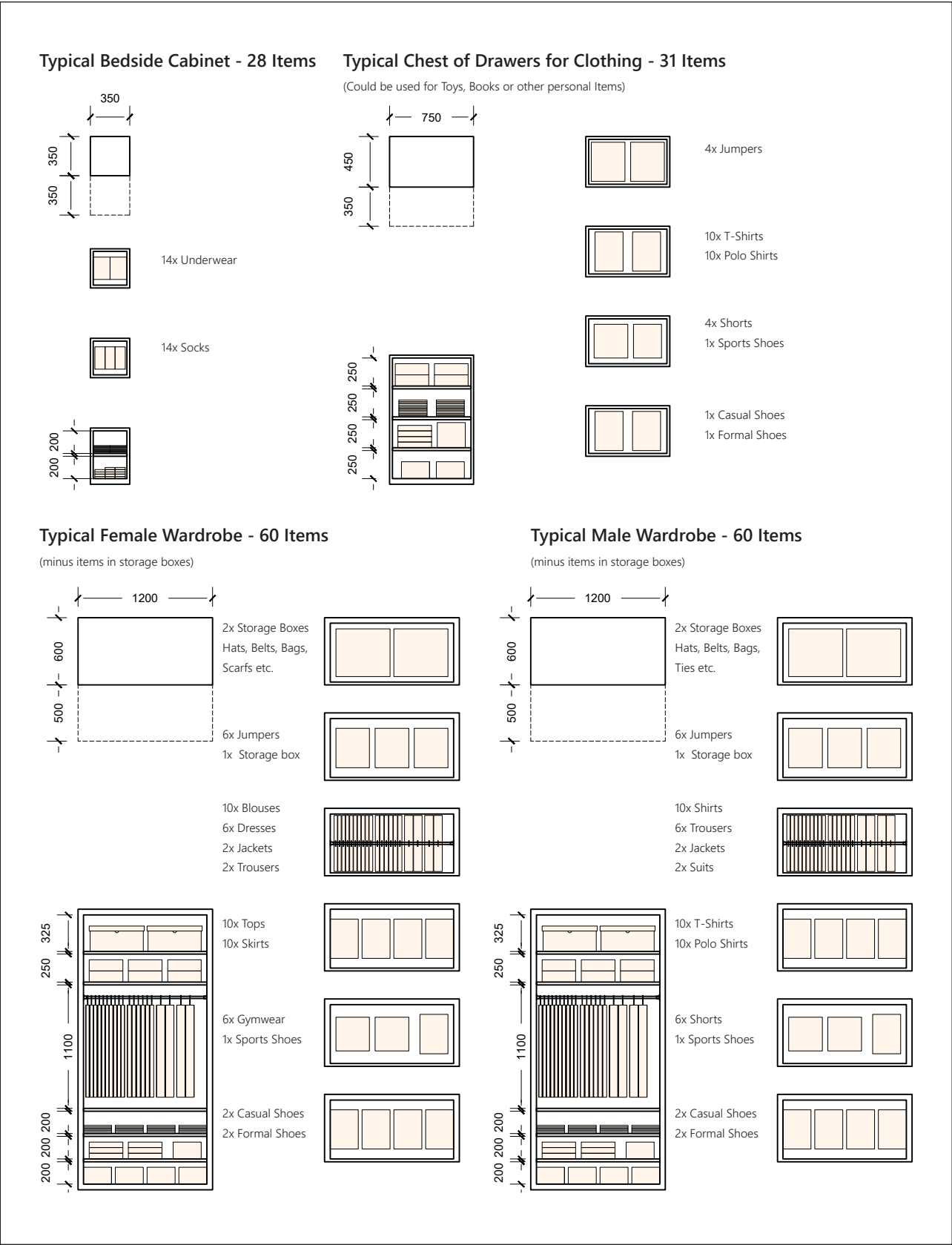
Bedroom Furniture Size Recommendations

Beds, Desks & Storage



Bedroom Furniture Size Recommendations

Bedroom Storage



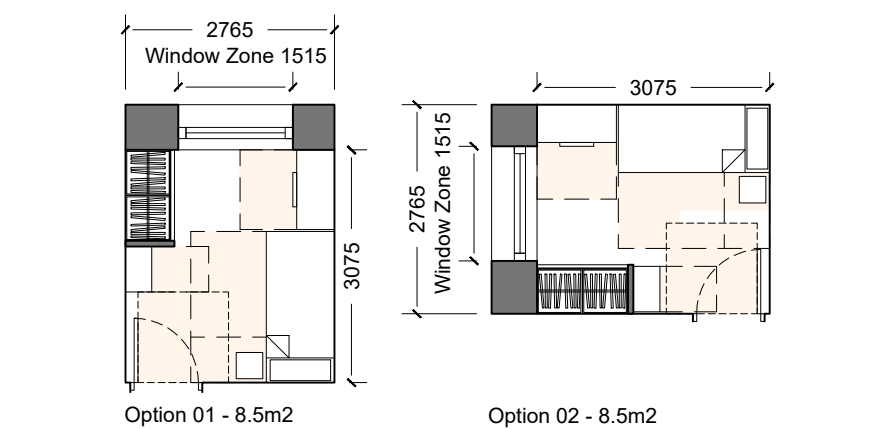
Bedroom Layout Recommendations

Counterbalance Single Bedroom Layouts

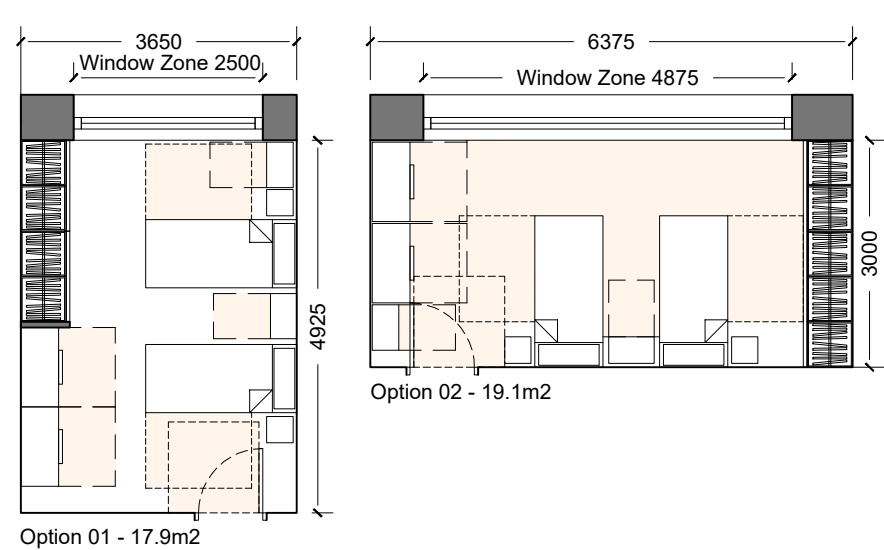
Layouts

At Counterbalance we have produced a series of bedroom layout examples which take into account the furniture research above and although larger in area provide space and suitable amount of furniture for individuals and families alongside space for wheelchair users/visitors. These bedrooms types comply with M4(3) layouts.

Single / Twin Bedroom Layout Examples - 1 Person/Child



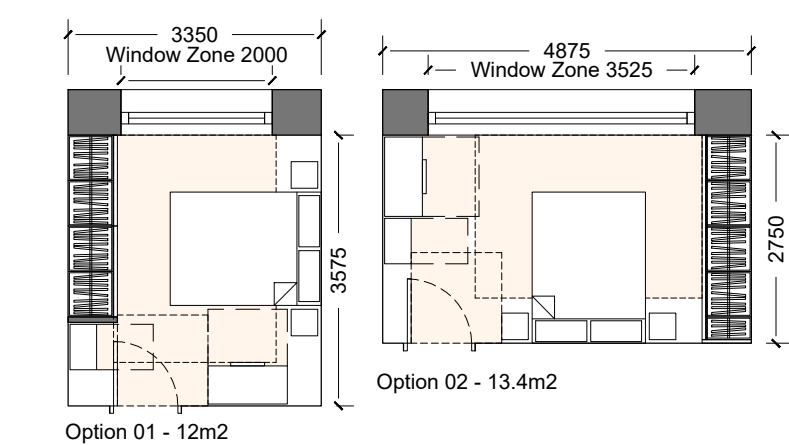
Twin Bedroom Layout Examples - 2 Person/Child



Bedroom Layout Recommendations

Counterbalance Double Bedroom Layouts

Secondary Bedroom Layout Example - 2 People/Adults



Primary Bedroom Layout Example - 2 People/Adults

